



Issue 18th September 2020

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Upcoming Events:

- Mon 21st - Fri 25th Spirit Week
- Thurs 24th LipSync Matinee and Lipsync Evening show
- Fri 25th Water Slide
- End of Term 3
- Mon 12th Oct Term 4 begins



Principal's Message

Mā te kimi ka kite,
mā te kite ka mōhio,
mā te mōhio ka mārama
By seeking we find,
by finding we understand,
by understanding we become enlightened

Ngā mihi nui ki a koutou katoa, greetings to you all!

Welcome to the last newsletter of Term 3! The preceding nine weeks have flown by, and it seems that there was never a dull moment.

Yesterday, our staff, students and parents were able to engage in the extremely valuable 3-Way Conference process. It is exciting that in the year 2020, education in Aotearoa actively seeks to involve the whole whānau in holistic planning with our students. Yesterday, relevant and realistic student goals were developed by ensuring that their targets were based on solid information by teachers, focused on future plans and developed in consultation with not only the student but also teachers, parents and mentors.

In light of this, we've selected the whakatauki (proverb) above because of its relevance to seeking out new ways. Only by actively engaging in the process of seeking do we find new and better ways of doing things!

On that positive note, kia tino pai tō rā whakatā, have a great weekend.

Jason Reid

"Providing a unique and rich learning environment for our students built on a foundation of excellence and care: the college of choice"



Lost Property

Several school jerseys	Black jacket size M, Beyond brand	Anko black jacket size M	Silver ring
Dolphin pendant	Boys school socks	Green Wild Kiwi bag	Black pencil case
Lime green drink bottle	Navy blue hat and scarf	Mackenzie RFC hoodie	

NCEA News

NZQA have made several changes to NCEA this year.

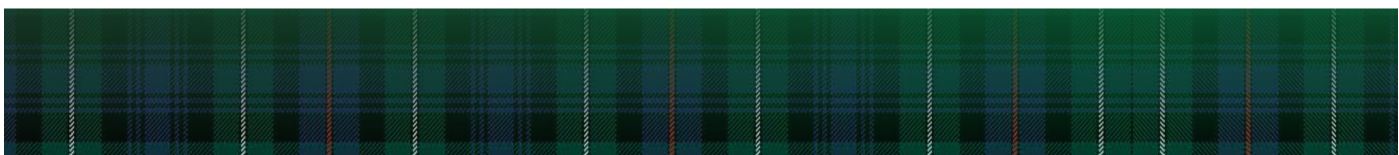
What this means for students:

- Learning credits have been introduced. The more credits they achieve the more learning credits they are entitled to up to a maximum of 10 at level 1 and 8 at level 2 and 3.
- Endorsements, all the usual rules apply however;
- To get a certificate endorsement this year they will need 46 credits at Merit or Excellence
- To get a course endorsement they will need 12 credits at merit or excellence.
- University entrance has been adjusted from 14 credits to 12 credits.
- Exams now run from the 16th of November until the 9th of December.

All the latest information can be found at

<https://www.nzqa.govt.nz/ncea/understanding-ncea/changes-to-ncea-and-ue-for-2020/>

If you have any questions about the changes you can contact Susan Fox at susanf@mackcollege.school.nz or you can ring NZQA on 0800 697 296





Going Digital with NCEA

We have digital external examinations for the first time this year, so here are a few reminders for students:

- If you are sitting a digital exam you will need to set up your computer before the exam starts, (you must allow time for this).
- Your computer must be fully charged (that means it must last for 3 hours).
- Your computer must have been tested to ensure you can access the examination paper. (You should have done this with your teacher).

If your computer is not working, then you cannot do the exam digitally.

Return of Trophies

Please return all trophies awarded at last year's Prize Giving to the school office .

If you could clean them first (with Silvo), we would really appreciate it.

Windy Wednesday!





Effort Grades Term 3 Weeks 7-8

Dobson	Cassie Anderson Cameron Dobbs Briannah Hadfield-Broatch Maggie Holtham Ben MacDonald Eliza Pudney Chevy Williams	Katey Anderson Emily Foote Kaitlyn Hawkes Katsuto Ikai Connor McLay Rhiley Reid Marcus Wilson	Jack Cassie Christopher Guiney Jack Hellmrich Brisea Lagos Eshaa Pasaol Xarnie Reihana Shay Young	Cheyann Coughlan Emma Guiney Teniesha Holdem Stella Lang Eshee Pasaol Thomas Scott
Godley	Libby Anderson Rebecca Boon Kieran Harris Blake Jordan Abbigail Murdoch Melissa Smith	Lucy Barnes Damian Clements Jacob Heap Sam Linklater Meg Murdoch Carter Wakelin	Lexie Biggs Katrina Guiney Talen Hignett Carys Lloyd-Forrest Courtney O'Neill	Josh Boon Ceara Harris Ben Jordan Caleb Marris Jessica Ryall
Macaulay	Gemma Anderson Hayden Divers Grace Habberfield-Short Hope Herrick Ashlynn McOsker Dequila Pearks	Hannah Bates Avish Dutt Declan Gardner Millie Howat Nick Miles Niall Phillips	Hudson Berge Isamu Edmondson Renee Habraken Isabelle Lett Molli O'Neill Lilly Price	Heidi Clouston Maya Edmondson Ayla Hendry Grace McHaffie Bella Parke
Tasman	Macy Gallagher Archie Holden Nathan Kirkbeck Conner Potter Catelin Weaver	Poppy Geary Evelyn Holden Charlize McKenzie Isaac Scott	Jamela Gorospe Lilley Johnson Luke O'Connor Nicholas Stevens	William Gorospe Cleo Kentish Willow Peake Archie Waymouth

Congratulations to Kaitlyn Hawkes, Lucy Barnes, Molli O'Neill and Archie Waymouth who won vouchers.





Te Wiki o Te Reo Māori (Māori Language week)

In previous newsletters, we've published articles on how to get started with your te reo (the language) journey. To help celebrate the week, this article gives you some phrases that do not necessarily translate accurately into English, so an equivalent English translation has been given.

If you have difficulty pronouncing some of the kupu (words) then go to www.maoridictionary.co.nz and search for the word. The site not only gives the meaning of words, but it will also read them to you! Kei whea mai!

Kei runga noa atu koe	You're the best
Wāna nei hoki	You poor thing
Kei whea mai!	Amazing!
Nā te rehe	You've got skills
Koia kei a koe!	You're the bomb!
E kī rā!	You don't say!
Karawhiua!	Go hard!
Āna!	That's the one! Yes!
He aha hoki!	Whatever!
Kōrero, kōrero!	Word!
Engari koe!	You're the man/woman!

We wish our 16.5 boys well for this weekend's Rugby final, against Roncalli College. Bring it home!!!





Sports' Colours

Nominations are being called for the Mackenzie College Sports Colours. Students need to nominate themselves and then go through the selection process with the Awards being presented during the Final Assembly and Prize Giving. Please read the following for further information regarding the guidelines for nominations. Nomination forms are available at the school office and are due in by Friday 16th October. No late nominations will be accepted.

Rationale:

The recognition of outstanding performance and responsibility reinforces our School Values of Respect, Commitment and Excellence.

Purposes:

1. To recognise students achievement at the highest level.
2. To recognise personal responsibility.

Guidelines:

1. Nominations for Sports Colours will be collected at the end of week 2, term 4.
2. All Colours will be awarded at the discretion of the Principal.
3. Colours are awarded in extra-curricular sporting pursuits.
4. A student must fulfil the requirements of all four criteria to be awarded Mackenzie College Sports Colours, unless there are extenuating circumstances.

Sports Colours are open to Year 8-13

Criterion 1: Has represented Mackenzie College (if team available) and performed in the top team available for at least two years. The student meets the criteria specific to their sport.

Criterion 2: Takes responsibility for the development of their own ability to perform by training regularly, attending set practises and putting in a full effort at all times.

Criterion 3: At all times displays a positive and supportive spirit and is a good role model in their area of expertise.

Criterion 4: Demonstrates a very high level of skills which has where possible enabled the student to gain higher honours.

Summer Uniform

Summer uniform may be worn from Term 4.

For the first two weeks of Term 4, either summer uniform or winter uniform may be worn, but not a combination of both.

All students are to be in summer uniform by Tuesday 27th October.





Spirit Week

Start getting organised for Spirit Week next week!

Monday 21st September, Macaulay - Meme Day. Dress up as meme from the internet. Game - Battleships. Charity - Lebanon Red Cross.

Tuesday 22nd September, Godley - Essential Workers. Essential workers include medical staff, law enforcement, food and agriculture, transport etc. Game - Capture the Flag. Charity - Westpac Rescue Helicopter.

Wednesday 23rd September, Teachers' Day - Day of the Dead (Mexico). "Day of the Dead is an extremely social holiday that spills into streets and public squares at all hours of the day and night. Dressing up as skeletons is part of the fun. People of all ages have their faces artfully painted to resemble skulls, they don suits and fancy dresses. Many revellers wear shells or other noisemakers to amp up the excitement."

Charity - Food Bank (Fairlie). Game - Zombie tag.

Thursday 24th September, Dobson - Game Characters - Dress up as your favourite game character. Game - To be decided. Charity - Mental Health Foundation.

Friday 25th September, Tasman - Pool Party. Game - Water Slide. Charity - Moreh.

The house leaders are working hard behind the scenes to make Spirit Week a huge success. This event is unique to Mackenzie College and we want all students to be creative and get behind the themes.

Every student is required to either bring a gold coin per day or \$4 for the week. (A family pays a maximum of \$8 no matter how many students).

The house that earns the most points from dressing up and winning lunchtime activities, collects all the week's money and it goes to their chosen charity. (These will be announced at assembly).

Sports gear will be required on all days for lunchtime activities. Tasman's day is the water slide. This is not compulsory, but most of the school takes part. Suitable clothing for this activity is expected.

Congratulations Sophie!

Congratulation to our Year 11 student, Sophie Kerr, for playing in the recent U18 Town vs Country girls rugby game in Timaru. Sophie earned selection in the Hanan Shield team. This is an outstanding achievement. Well done!





Student Planners

Student Planners—This Fortnight

The manufacturer of your children's planners produces some items for parents to consider as they help their child make good use of their planner. Here is an item that relates to what's in the planners over the coming fortnight:

There are many stressors which trigger negative emotions in students, which cause anxiety in them about their capabilities to cope with peer issues and study demands. Unfortunately, often they only speak up about not coping when they are about to implode and give up. Having a number of positive coping strategies to reduce these anxious feelings is essential for their wellbeing. Introducing students to new coping pathways provides them with opportunities to adopt growth mindsets to create their own strategies.

Adolescents on the whole are not comfortable with immediately asking for help from adults, therefore, it is important for us to take the initiative and raise the issue, by explaining that positive coping strategies are little positive actions which relieve pressure and they can vary from student to student. For example, colouring in reduces emotional intensity very quickly, restoring their normal functioning level.

Positive coping strategies fall into four main categories:

- Exercise – anything that lifts the heart rate
- Positive self-talk – personal assertive I can and I will statements, which work for the individual
- Personal support – a trusted adult; their champion who will stick with them
- Meditation – mindfully focusing on their breathing and their thoughts; see Why Self-Calming Strategies.





Lipsync 2020

Thursday 24th September (last week of the term).

Put it in your diary!

There are two shows - Matinee 2.15pm and Evening 7.00pm.

Performers and pre-schoolers are free. All others \$5 and tickets are available at the College office now.



Good Luck Eliza!

All the best to our wonderful head girl, Eliza as she takes on the rest of the South Island in the SISS Snowboarding champs over the weekend.





PE Department News

The PE and Health Department has had a busy year with increased numbers of students taking senior courses, three teachers taking senior options and forced changes due to COVID-19. The lockdown was a great excuse for students to get out there and spend some time in the day being active. It was great to see them recording their activity through the Strava app and on a shared document. Since returning to school it has been obvious that students enjoyed that social aspect they had been missing, this was especially evident in their conversations in health classes.

We have had YMCA in during Term 3 with our Year 9 and 10 classes delivering the Mates and Dates programme. For some of the students this might seem something that is far off in their thinking, however, having the knowledge of the laws around sexual consent, drinking, drugs and parties is very important. The content of the lessons was well received and is a good conversation starter around the dinner table. Practically we have been mixing up the Term with Rock Climbing, team games and more recently Zombie Tag. This tag game has taken the student's creativity and commitment to new levels with some students finding very interesting ways to avoid being tagged, including hiding under school buildings, in creeks and up trees.

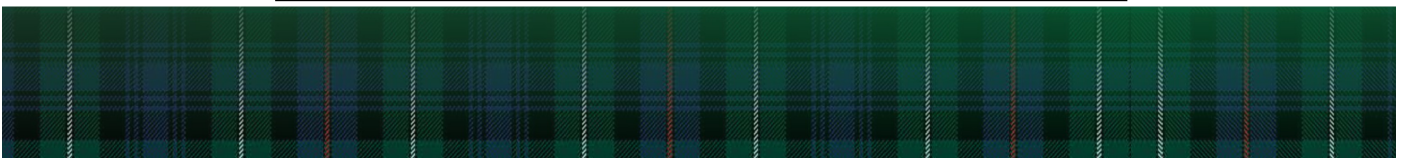
Outdoor Education and Year 11 PE

This term both the Outdoor Education and Year 11 PE classes have been utilising Mt Dobson during double periods. The OED class have been assessed on their skiing and snowboarding ability and the PE class have been looking into responsible behaviours for safety whilst participating in these two pursuits. It's been great to see the students enjoying themselves whilst earning a few credits along the way. The OED class have also been tramping on our local tracks, the highlights being getting up to the top of the Albury Range on two different farms. It was unfortunate that COVID-19 delayed the Mackenzie Half Marathon as our Y11 students had been training incredibly diligently towards this in Term 1. I'm sure many of them will now make this event a goal for 2021.

Y12-13 PE

The Year 12 and 13 PE students this year have been actively learning new ways to improve themselves. Ranging from Functional Anatomy, Biomechanics and using Sports Psychology, they are understanding how and why the body works and can be manipulated to achieve better results. From throwing an American football and sprinting/walking up Spur Road, to writing training programs and determining the effect sport has on society, this has kept the students both busy and entertained under the tutelage of Mr Ross.







MACKENZIE COLLEGE
ARA O TE TIKA - THE PATHWAY TO WISDOM



MĀNĀAKITĀNGĀ

KINDNESS AND RESPECT



ASPIRE

WAWATA



GRIT

NIWHA



INTEGRITY

TIKA



CREATIVITY

AUAHA

MANAAKITANGA - ASPIRE - GRIT - INTEGRITY - CREATIVITY